River Valley Counseling Center, Inc. (RVCC) was founded in 1953, became affiliated with Holyoke Medical Center in 1986 and is a member of Valley Health Systems, Inc. RVCC is a multifaceted community-based mental health agency dedicated to serving the needs of the people in the Holyoke, Chicopee and Greater Springfield Communities. In addition, the agency also offers CONCERN: EAP, an Employee Assistance Program that provides services to many area businesses and municipalities in Western MA.

RVCC is committed to serving the growing Latino community in our areas of service. In order to serve the needs of Spanish-speaking clients, programs are staffed by experienced bilingual/bi-cultural professionals. Careful attention is given to specific issues affecting the Spanish-speaking community.

For more information call:
Springfield: (413) 737-2437
Holyoke: (413) 535-4706

120 Maple Street, Suite 301
Springfield, MA 01103
(413) 737-2477

6 Isabella Street,
Holyoke, MA 01040
(413) 535-4706

rvcc-inc.org
An affiliate of Holyoke Medical Center
A member of Valley Health Systems
A United Way Agency
The Mission of River Valley Counseling Center’s HIV/AIDS Project is to support those affected by HIV/AIDS and to promote community awareness of the issues surrounding HIV/AIDS.

RVCC provides comprehensive, bilingual case management, mental health counseling, Peer support and other supportive services for HIV/AIDS positive people and their families at sites in Springfield and Holyoke.

The Project provides for HIV/AIDS positive people:

- Information, assessment, and referral services
- Comprehensive, bilingual/bi-cultural case management for medical and social services
- Peer led HIV/AIDS support groups: Men’s group, Women’s group, General group, and LGBTQ group revolving around consumer chosen topics, such as stress relief, medical adherence, financial stability, disclosure
- Individual one-to-one HIV Peer Support and Outreach
- L.I.F.E (“Learning Immune Function Enhancement” program — a 12-week educational program for those living with HIV to learn skills to “self-manage” HIV and their overall health
- Access to mental health services
- An array of housing services, including housing search and advocacy, applications for rental assistance and homelessness prevention funds, assistance with applying for Low Income Housing, such as Section 8 and HIV/AIDS Project based subsidies
- Referral to certain legal services through the Law Consortium
- Meals and Support — A welcoming and safe open space available Monday through Friday 9 a.m. - 4 p.m. where participants have access to snacks, computers, a lounge with a big screen TV and DVD player, and books and games including a card and domino table. Congregate meals are served every Wednesday and Friday from noon -2 p.m.